

a picture tells a **thousand words** x-rays & chiropractic

X-rays are beneficial in the diagnosis of a wide range of disorders and they play a role in Chiropractic. They are useful before or during any Chiropractic treatment as they can show any damage, breaks, misalignments or structural problems often overlooked and they can determine the condition of the bones of the human framework and the exact position of the spinal misalignment or subluxation. This knowledge is important in that it provides information that will lead to corrective measures. X-rays are a relatively safe method of investigation and the radiation exposure is low.

X-rays provide us with a "diagnostic image" of bones and joints, along with the related soft tissues. This allows the Chiropractor to:

- evaluate the health of your bones
- to look at the curvature of the spine which is important for mechanical stability
- detect birth defects or variations
- detect injuries, fractures, breaks or dislocations
- to determine if a person has low bone density, osteoporosis or arthritis
- detect infections in the bones or joints
- detect tumours

All of these things are important for correct diagnosis so we can use precise and specific adjustments and treat accordingly.

A re-x-ray of an area of chronic pain may be undertaken when there is change in the pattern of the pain, significant change in medical history or when there has been a new traumatic injury. This will determine if a different method of Chiropractic treatment may be needed. Some progressive skeletal disorders or pathologies, such as scoliosis require periodic re-evaluation. A re-x-ray can also be taken to demonstrate the significant improvements of your alignment after your initial intensive treatment. Our patients are always amazed at what they see in the before and after images as words and feelings are sometimes not enough!

Women should always inform their Chiropractor or x-ray technician if there is any possibility that they are pregnant. Many imaging tests are not performed during pregnancy so as not to expose the foetus to radiation. If an x-ray is necessary, precautions will be taken to minimize radiation exposure to the baby.

General X-rays are bulk billed and you can get a referral from your Chiropractor on your first visit or local GP.

We would also like to welcome Susan Orth, Chiropractor to our clinic.

Susan started out her career as a radiographer, so she has a wealth of experience and expertise in interpreting x-rays and reports.

She has also had 29yrs experience running her very own successful Chiropractic clinic in Richmond and is a great asset to our team.

Susan is available at our clinic every Friday.

Please phone
4721 2143
 for an appointment today!



Chiropractor

Mary Anne Lowery – Doctor of Chiropractic

For the treatment and prevention of:

- Back & neck pain
- Headache
- Sciatica
- Sporting injuries
- Postural problems
- Whiplash injuries



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